



CPTC NEWSLETTER

255 MAIN STREET, HALF MOON BAY, CA, 94019

COASTSIDEPEDIATRICS.COM

OCCUPATIONAL THERAPY: 650-560-9471

SPEECH THERAPY: 650- 560-9470

COASTSIDE PEDIATRIC THERAPY CENTER

ABOUT CPTC:

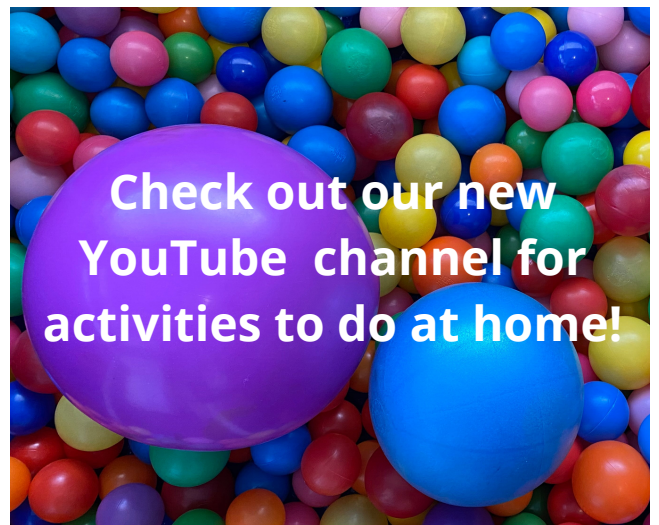
Occupational Therapy:

remediates difficulties an individual experiences in gross and fine motor skills, oral motor development, visual perception, and sensory integrative functioning.

Speech/language Therapy:

seeks to improve communication ability through focused treatment on expressive language, articulation, fluency, oral motor skills, and auditory processing, as well as reading, spelling acquisition, and written expression.

CPTC IS NOW ON YOUTUBE: COASTSIDE PEDIATRIC THERAPY CENTER HMB



CPTC WELCOMES TELETHERAPY!



Responding to the COVID-19 Shelter-In-Place Order, we at Coastside Pediatric Therapy Center want to make sure that our families are being taken care of. We currently offer full teletherapy sessions for Occupational Therapy and Speech Therapy! Email us to get your kid started today!

Occupational Therapy Services:

Maureen Barton, OTR/L

maureen@coastsidepediatrics.com

Speech-Language/Learning & Reading Services

Claire Norton, MS, CCC, SLP

claire@coastsidepediatrics.com

RED FLAGS FOR THERAPY REFERRALS

Speech & Language

- Difficulty combining words
- No babbling by 9 months
- No first words by 15 months
- Slow understanding of new words
- Not speaking in full sentences by 36 months
- Not fluently speaking by 3.5 years
- Difficulty with communicating basic needs
- Doesn't respond to or struggles with directions, questions, or conversations with others.
- Unintelligible speech after 24 months
- Difficulty with or not being able to start conversations with other people
- Any changes in communication
- Stuttering, speech impediments
- Poor memory skills by the time child reaches kindergarten
- Excessive drooling
- Difficulty with learning colors, numbers, shapes, or alphabet



Occupational Therapy

- Fine or gross motor delays
 - difficulty with buttons, zippers, tying shoes (by age 7), or using scissors.
 - poor handwriting, doesn't use eating utensils well
 - walks on toes, difficulty copying shapes (kindergarten), difficulty with coloring in lines
- Weakness in muscles, sits in "w-sit" position
- Difficulty with feeding or on a limited diet
- Avoids movement typical in childhood
- Seeks movement or other stimuli
 - sounds, swinging, jumping, crashing, rough play
- Averse to getting touched or touching others
 - nail trimming, difficulty with bath, hair washing, wearing certain types of clothing, getting messy, etc.
- Clumsy, often with frequent injuries and bruises
- Difficulty coping with emotions, avoids eye contact, difficulty with making friends, frequent meltdowns.
- Difficulty with following instructions, inflexible with schedule changes, difficulty with copying movements

